



Pathway to Success—INLPTA NLP Diploma

2024 Spring & Winter

Venue: Online—Live

Diploma Feb/Mar '24

Induction

Wed 21st Feb —1pm

(1 hour)

Module 1

Sat 24th & Sun 25th Feb

Module 2

Sat 9th & Sun 10th Mar

Module 3

Sat 23rd & Sun 24th Mar

Diploma Oct/Nov '24

Induction

Wed 2nd Oct —1pm

(1 hour)

Module 1

Sat 5th & Sun 6th Oct

Module 2

Sat 19th & Sun 20th Oct

Module 3

Sat 9th & Sun 10th Nov

Participation in all sessions required for INLPTA certification. Some pairs practice & written/reading coursework between sessions.



Timings

Daily Online Live Sessions

9am—12 noon

1.30pm—4.30pm

www.nlptraininginstitute.com

What is NLP?

NLP stands for Neuro Linguistic Programming, that is, knowing what works in your thinking, behaviour and language patterns so that you **achieve the results** you want in your business and personal life.

NLP is all about **communication**, awareness and understanding of yourself and others and using all of that to **gain clarity, reproduce excellence** and consistently achieve the goals you set professionally and personally.

NLP is **fun, exciting** and all about you ; it's about creating **awareness** and **choice** in what you do and how you do it. The focus is on positive communication with self and others and **subtle change from the inside out.**



Why NLP?

Are you interested in tapping into attitudes of excellence, learning a set of tools, techniques and processes which you can use to assist you to:-

- Connect and build stronger, more positive **relationships**
- **Understand** others and **communicate** more effectively, effortlessly and easily
- Reduce stress levels, allowing you be more focussed so that you work more **productively and effectively**
- Managing on-going **change, bringing balance** across all areas of your life
- Become more aware of yourself, manage your internal state and **create more choice** for yourself – when you change others change too!
- **Develop** personally and **challenge** yourself to reach greater heights
- Have a greater **competitive edge** as a result of your improved communication skills
- Tap into your **internal resources** and positively assist those around you to tap into theirs; **inspire and motivate** others in their achieving



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TESTAMONIALS

‘The courses have fundamentally changed my approach to coaching. They have given me the skills, frameworks and most importantly, the state of mind that enables me to work far more effectively with my clients. Doing these courses was one of the best decisions I have ever made’.

JS Executive and Personal Coach, Motivational Speaker and Author

‘I now have the tools to clarify my outcomes and the resources to achieve them. The control to drive them and the awareness to appreciate them’.

SH, Business Manager

‘Through implementing the practical exercises during the course I really got a sense of how to apply the NLP tools and techniques as I went along, experiencing first hand how NLP really works. I find the NLP processes to be powerful, immediate, easy to apply in business, coaching and personal situations. The processes allow the client to find their own answers. Bernie and her team create and hold a wonderful space in which to learn’.

DR, Sales Manager

Who is NLP for?

Anyone with a curiosity about how and why they do what they do, those who want to tap into their excellence and replicate it across all areas of their lives; those who want to stop unwanted habits and behaviours and live life to the full

- **Managers, Team Leaders, Mentors** who want to have the competitive edge as a result of improved communication skills
- **Professional Coaches, Counsellors, Therapists, people helpers** who wish to assist their clients to tap into their internal resources
- **Educators, Trainers, Facilitators** who would like to bring their sessions to a whole new level, assisting learners to link and use the new knowledge, skill and expertise
- **Individuals** who want to develop personally and challenge themselves to reach great heights



What will you learn?

NLP is life-long learning, the 6 Day course will introduce you to:-

- **The history of NLP** – understanding the historical and scientific basis
- **The Principles of Success**—The 3 legs of NLP
- **The NLP Communication Model** – the basis of our experience/our communication with ourselves and others
- **Language** – using your words with awareness and elegance
- **States & Anchoring** – awareness of your resourceful states and tapping into and accessing same for future use
- **Well Formed Outcomes** – ensuring that what you want is really what you want and going for it!
- **Presuppositions of NLP** – assumptions to try on and live by
- **Rapport** – building and improving relationship skills by establishing and maintaining connection
- **Sensory Acuity** – fine tuning your senses to better understand yourself and others
- **Submodalities** – the way you internally encode information and having the choice to change unwanted thoughts, feelings and behaviours
- **Timelines** – your own time machine and how to resource yourself



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'Last year we shelved plans to introduce a new project, as part of a process of change because of the various challenges we met along the way. This year, the team of 26 people worked together to come up with a solution that all were agreeable to, despite the fact that not everyone was in favour of any change at all. The change went through effortlessly and easily, without any external involvement such as industrial relations reps. It was all down my new skills, approaching the implementation totally differently and ensuring I communicated effectively with everyone; all as a result of my increased awareness having completed the NLP Diploma. The use of the skills added an extra layer of reassurance and trust within the team.'

CD, Business Manager



How you'll Learn

Over the Induction & 3 modules you will:-

- **Learn by doing**, in a supportive and stimulating online environment
- Working in pairs and triads, you will **experience** the power of the methodologies, tools and techniques for yourself and others
- You will be encouraged to discover for yourself where your learning will be useful and how you will **apply it in your day to day life, professionally and personally**
- Professional **guidance, instruction and demonstrations** of the tools and techniques
- **Ongoing assessment and feedback** over the modules to assist you in meeting the assessment criteria
- Gain an **internationally** recognised certification from **INLPTA** (the International NLP Trainers Association) upon completion

After the training

You are eligible to attend our **Practice Sessions**, held 4-6 times a year, online, where you will network with other NLP'ers who have completed various levels of their training, share your learnings, grow and expand your knowledge, skill and experience of NLP and stay up-to-date with the latest developments in this and related fields.

Are you interested in investing in yourself, your business and your personal life?

- Are you **curious** about how and why you do what you do?
- Are you **interested** in learning how to tap into your **excellence** and **replicate** it across all areas of your life?
- Would you like **more choice and flexibility** in your thoughts, feelings and behaviours?
- Are you interested in investing in yourself in a very positive way?

If your answer is **yes** to any or all of the above, **learn more** by phoning Bernie on 087 612 6162 or visit the website at www.nlptraininginstitute.com.

The full investment for the course is €1125* (**Early Bird €995 applies**). This covers all modules, course manual, support between modules and INLPTA NLP Diploma Certification. **Additional funding support may be available—Contact Bernie for further details.**



Pathway to Success—INLPTA NLP Diploma Online Booking Form 2024

Please tick which course you are booking Feb-Mar 2024 Oct-Nov 2024

SECTION 1 – YOUR DETAILS

Name: _____

Occupation: _____

Address : (for manual—including postcode) _____

Tel: (Mobile) _____ Other: _____

Email: _____

So we can ensure your name is correct please print it below as you would like it to appear on your Cert:

SECTION 2 – PAYMENT DETAILS—PLEASE INDICATE HOW YOU WISH TO PAY

- | | |
|---|--|
| <input type="checkbox"/> Enclosed is a deposit of €100 to secure my place
(unless funding support in place via Skillnet) | <input type="checkbox"/> Other form of payment (speak with Bernie) |
| <input type="checkbox"/> Paying by Electronic Transfer —Bank Details:-
NLP Training Institute, Bank of Ireland, Tramore
BIC BOFIE2D IBAN IE19BOFI90470487241762
(please include your name as reference) | If paying by Cheque fill in Section 1 & 2, make cheque payable to 'NLP Training Institute', send this form and your cheque to NLP Training Institute, Administration Office, 27 Pheasant Walk, Collins Ave, Dunmore Road, Waterford |
| <input type="checkbox"/> Please invoice my company as per details below | If paying by Electronic Transfer please complete sections 1 & 2 and return form by email or post (to above address) |
| | If you would like your company to be invoiced please complete all sections and return form by email or post |

SECTION 3 – COMPANY DETAILS

Company Name: _____ Invoice for the attention of: _____

Department: _____ Purchase Order Reference: _____

Address: _____

Terms and Conditions ♦ Payment must be received prior to the training dates ♦ Cancellation Policy—All cancellations must be made in writing to the NLP Training Institute no later than two weeks before the training. Such cancellations may be subject to an admin fee of €50 per delegate. No cancellations after this date. If you are unable to attend the training programme you may defer to a later programme or provide a substitute delegate at no extra cost. ♦ The programme will run with a minimum of 4 participants. In the event that the programme does not reach this number those booked will receive notification two weeks prior to the commencement date. ♦ The NLP Training Institute reserves the right to make changes to the programme, location and/or trainers without prior notice, in the event of an emergency ♦ Participation in the training is for business and personal development only (not for therapeutic reasons). ♦ Certification is in the basics of NLP at a foundational level and achieving the Diploma in NLP does not confer on the holder the right to act as an NLP Practitioner. ♦ All will be bound by the INLPTA code of ethics.